

TRUE FOOD MARKET

CATERING MENU

ASK US ABOUT ANY SPECIAL ITEMS OR OFFERS

CALL TO ORDER

AVAILABLE FOR PICK UP OR DELIVERY

TAYLOR MORRIS, RESTAURANT SALES MANAGER

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BREAKFAST

Southwest Egg & Cheese Tacos VEG GF 36.00
12 TACOS

Vital Farms pasture-raised scrambled egg, aged white cheddar, jalapeño, cherry tomatoes, corn tortilla, charred scallion salsa (360 cal per taco)

Sonoran Sausage Tacos GF 36.00
12 TACOS

Force of Nature regenerative bison sausage, Vital Farms pasture-raised scrambled egg, aged white cheddar, jalapeños, corn tortilla, charred scallion salsa (480 cal per taco)

Egg & Cheese Biscuit VEG GF 36.00
8 BISCUITS

Vital Farms pasture-raised scrambled eggs, aged white cheddar, honey butter (520 cal per biscuit)

Seasonal Overnight Oats V GF 50.00
8 INDIVIDUAL PORTIONS

peanut butter overnight oats, chia smash strawberry jam (520 cal per serving)

Chocolate Chia Seed Pudding V GF 50.00
8 INDIVIDUAL PORTIONS

cocoa nibs, hemp seeds (370 cal per serving)

Yogurt Parfait VEG GF 50.00
8 INDIVIDUAL PORTIONS

honey yogurt, fresh fruit, peanut butter (320 cal per serving)

Variety Whole Fruit V GF 18.00

Assortment of bananas, apples and oranges (90-110 cal per piece)



BAKED GOODS

Half Dozen | 20.00 Baker's Dozen | 35.00

GF Biscuits VEG GF
(340 cal per biscuit)

Iced Walnut Raisin Cookie VEG
(440 cal per cookie)

Chocolate Chunk Cookie V GF
gluten-free batter,
TCHO 68% chocolate (360 cal per cookie)



ASSORTED WRAP TRAY

85.00

Choice of up to Two Wrap Styles (1440-4480 cal)
16 half wraps; 8 full wraps

STYLES

Chicken Caesar Wrap
grilled chicken, parmesan, breadcrumbs, avocado, kale, romaine, umami dressing (560 cal per wrap)

Southwest Wrap VEG
cotija, black beans, corn, red onions, cilantro, red bell pepper, avocado, romaine, pumpkin seeds, creamy cilantro lime vinaigrette (600 cal per wrap)

Mediterranean Couscous Wrap VEG
chickpeas, cucumbers, red onion, pistachios, parsley, extra virgin olive oil, lemon juice (400 cal per wrap)

Curry Chicken Wrap
grilled chicken, celery, red onion, cashews, golden raisins, apple, cilantro, creamy curry dressing (560 cal per wrap)

BENTO BOXES

16.00 PER BOX

MINIMUM ORDER OF 10

Select One of each

WRAP

Southwest, Mediterranean Couscous, Chicken Caesar or Curry Chicken (360-560 cal)

SIDE

Simple Salad or Kale Slaw (90-230 cal)

COOKIE

Iced Walnut Raisin Cookie or Chocolate Chunk Cookie (360-440 cal)



SNACKS

TEN ASSORTED BAGS

20.00

Jackson's Sweet Potato Chips

Lesser Evil Popcorn

Himalayan Gold Popcorn & Power Curls

Siete Chips

Cinnamon churro strip chips, Sea salt tortilla chips or Lime tortilla chips



VEGAN V VEGETARIAN VEG GLUTEN-FRIENDLY GF

SALAD DUO

80.00

Choice of up to Two Salad Styles (1200-3850 cal)

STYLES

Kale Caesar VEG
parmesan, breadcrumbs, avocado, kale, romaine, umami dressing (1825 cal)

Simple Salad V GF
organic mixed greens, cherry tomatoes, chickpeas, cucumber, snap peas, carrots, slaw dressing (1600 cal)

Mediterranean Salad V
chickpeas, cucumbers, red onion, pistachios, parsley, extra virgin olive oil, lemon juice (1925 cal)

Southwest Salad VEG GF
organic mixed greens, romaine, black beans, corn, red onions, red bell pepper, pumpkin seeds, cotija, creamy cilantro lime vinaigrette (600 cal)

EXTRA PROTEIN

Grilled Chicken GF 45.00
herb-brined, antibiotic-free and hormone-free (2970 cal)

Organic Grilled Tofu V GF 35.00
(1160 cal)

COLD BEVERAGES + REFRESHERS

Lemonade V GF 24.00
Regular or Seasonal Flavor; ½ Gallon (100-130 cal)

Iced Green or Black Tea V GF 18.00
½ Gallon (5 cal)

Arnold Palmer V GF 20.00
Lemonade + Traditional Black Tea; ½ Gallon (50 cal)

Cold Brew Coffee V GF 32.00
½ Gallon (20 cal)

Kale Aid V GF 42.00
organic kale, ginger, organic apple, celery, cucumber, lemon; ½ Gallon (550 cal)

Bright Eyes V GF 42.00
pineapple, carrot, organic apple, ginger, turmeric, beet, lemon; ½ Gallon (880 cal)

Mountain Valley Spring Water 35.00
ten 16.9oz bottles

Culture Pop 37.50
ten assorted cans; Black Cherry, Ginger Lemon & Strawberry Rhubarb

Fresh Fizz Soda 32.50
ten assorted cans; Date Cola & Mint Lemonade